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Edition 23
March 1, 2025
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Community News

Helmsley Charitable Trust grants \$326,201 to help Tioga Medical Center purchase state-of-the-art ultrasound equipment

— The Leona M. and Harry B. Helmsley Charitable Trust has granted \$326,201 to Tioga Medical Center to purchase a general ultrasound machine and a point-of-care ultrasound (POCUS) machine as part of a \$27.4 million ultrasound initiative in North Dakota.

The initiative includes more than \$21.8 million to help 69 North Dakota hospitals and health centers purchase ultrasound imaging devices and nearly \$5.7 million to boost sonography and point of care ultrasound (POCUS) training opportunities across the state.

"We are grateful to have received such a generous grant from the Helmsley Charitable Trust," said Jamie Eraas, Tioga Medical Center President and CEO. "We are committed to providing our patients with the healthcare they need right here at home, and this grant has made that possible."

Ultrasound uses high-frequency sound waves to produce images of structures inside the body. This safe, cost-effective tool supports other clinical information to help providers make timely diagnoses and provide appropriate treatment.

"Until now, we've relied on an outside company to provide ultrasound services. With these new ultrasound machines available in-house, we can provide a more streamlined and convenient experience for our patients," said Kresta Hauge, Tioga Medical Center Radiology Manager.

Walter Panziner, a Trustee of the Helmsley Charitable Trust, said the grants will help improve access to top-notch medical treatment for North Dakotans, whether they live in Fargo, Bismarck, or Grand Forks, or a smaller rural community such as Bottineau, Rugby, or Hettinger.

"These grants will help ensure that hospitals and health centers across North Dakota have the latest in state-of-the-art ultrasound equipment and training," Panziner said. "Facilities need to stay current with rapidly advancing technology so they can continue to provide the very best healthcare close to home."

The majority (134) of the devices purchased through the grants are POCUS machines, which are used by providers at the bed or tableside for immediate assessment of a patient to quickly determine a course of action. The grants will also provide 57 general ultrasound systems and 24 cardiovascular ultrasound systems, which aid in imaging of the heart.

The initiative also includes nearly \$1.9 million to North Dakota State University and nearly \$3.8 million to High Quality Medical Education (HQMEDED) to expand sonographer expertise and provide comprehensive POCUS training to doctors, physician assistants, and nurse practitioners. Additionally, more than \$64,000 will go to individual facilities to boost sonographer training. The Helmsley Charitable Trust has committed a total of \$72 million to fund ultrasound equipment and training initiatives for rural communities and underserved populations in Nevada, North Dakota, Minnesota, and Wyoming.

About the Helmsley Charitable Trust

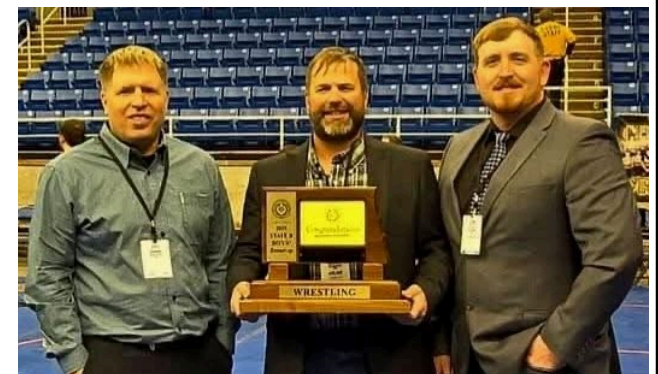
The Leona M. and Harry B. Helmsley Charitable Trust aspires to improve lives by supporting exceptional efforts in the U.S. and around the world in health and select place-based initiatives. Since beginning active grantmaking in 2008, Helmsley has committed more than \$4.5 billion for a wide range of charitable purposes. Helmsley's Rural Healthcare Program funds innovative projects that use information technologies to connect rural patients to emergency medical care, bring the latest medical therapies to patients in remote areas, and provide state-of-the-art training for rural hospitals and EMS personnel. To date, this program has awarded more than \$750 million to organizations and initiatives in the states of Hawaii, Iowa, Minnesota, Montana, Nebraska, Nevada, North Dakota, South Dakota, Wyoming, and two U.S. Pacific territories, American Samoa and the Commonwealth of the Northern Mariana Islands. For more information, visit www.helmsleytrust.org.

Additional information including photos and b-roll video can be downloaded from <https://helmsleytrust.box.com/s/prhpsbah1ldnd5cun4lcyehhw5474zo9>



CONGRATULATIONS to Williams County Firestorm Wrestling on placing 2nd at the State tournament as a team and to the following individuals that placed at the 2025 NDHSAA Class B wrestling state tournament!

State Champion: Kash Brown, 145 State Champion: Rocker Aguilar, 172
2nd Place: Tristian Miller, 114 2nd Place: Matthew Jacobs, 285
7th Place: Ashton Weathersby, 187 7th Place: Jazmine Lindberg, 148



Coach Jake Jensen, Head Coach, Arlan Anderson, Coach Austin Werre

Mark your calendars

Mar 3: Tioga City Commission Meeting @ 7PM Tioga City Hall
Mar 6: Dry Fork Township Annual meeting 5PM Community Center
Mar 8: Equality Township Annual meeting 9AM Ray Senior Center
Mar 10: Tioga Planning and Zoning Board meeting 5:30 City Hall
Mar 11: Big Meadow Township Meeting 5PM Wildrose Firehall
Mar 11: Tioga Fund Advisory Board Meeting 6PM City Hall
Mar 12: West Bank Township Meeting 5PM Tioga Senior Center
Mar 13: Tioga Country Club Meeting 6PM

Tioga School Calendar

Mar 1: Gymnastics State: Individuals
Mar 3/4: BBB District Tournament - Williston State College
Mar 7: Elementary Picture Day
Mar 7: Last Day of Quarter 3
Mar 10-13: BBB Regionals @ Minot Auditorium
Mar 11: School Board Meeting @ 5:30PM HS Library



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Tioga Trivia

Which US President is the North Dakota Presidential Library name after?

Last Weeks Answer: John Miller

Bible Verse of the Week

I can do all things through Christ who strengthens me

Philippians 4:13

A Little Chuckle

Sven: What do you have there Ole? Ole: Lena got it for me, it's the darndest thing, it's called a thermos. Keeps hot things hot and cold things cold! Sven: Well what's in there? Ole: A poposicle and two cups of coffee

Today in History:

1936: After five years of construction, the Hoover Dam was completed
1961: The Peace Corps was established by President John F Kennedy by means of the Peace Corps Act.

Community News

A generous gift of real estate from Tioga's oldest and largest oil company, Hess Corporation -Commander, Scott Post

Greetings from Tioga American Legion Post 139,

2024 was a busy year for our post. We sponsored our fourth Wall of Honor, (Sportsman Club in McGregor). We also provided Memorial Day services to our community with honors to members who are now in Post everlasting. Post 139 presented the colors for numerous sporting events and parades. We also helped with community events and held our annual car and bike show.

Unfortunately, we couldn't field a Legion baseball team this past year. We are hopeful that we can put a team together for 2025.

Membership in Post 139 continues to grow. We have added new members and have members transfer to our Post. Congratulations goes out to our Adjutant Todd Beasley who has been North Dakotas recruiter of the year for two consecutive years.

The American legion consists of 4 pillars, one of which is children and youth. We continue to support our schools and youth groups by raising money and helping with uniforms and events. We have also provided generous donations to Veterans programs like the Western North Dakota Honor flight. The next flight scheduled to Washington DC is in April which I will be a volunteer.

Earlier this month we made the announcement on social media that we had acquired property to build a new Legion building. Excitedly, we can say yes, this is true. A generous gift of real estate from Tioga's oldest and largest oil company, Hess Corporation. The lots are located on south main next to the NCC building. We cannot thank them enough! With membership growing and the addition of a Legion Riders Chapter and the good possibility of a Sons of Legionnaires squadron, we have outgrown our rental space. Our plans are to have a facility that will benefit both Veterans and the community. Our plans include a venue room with a kitchen that could accommodate Veteran activities and family-oriented events (Birthdays, reunions etc.) The building will also have office space for gaming, internal operations, conference room and storage. Most importantly the building will house an honorable display of present and past Veterans of our community with stories, history and memorabilia. It will also have a lighted courtyard with memorials and flags.

The American legion is proud of this community and wants to help beautify it and continue to grow. Through past and ongoing fund raising, donations and grant requesting, we are still needing more revenue to make this a reality. We are asking for help with donations. Our plan also includes a fund raising and appreciation supper for Hess. If you would like to make a donation sooner, our PO Box is 1078, Tioga 58852.

Tioga American Legion meets the 3rd Tuesday of each month at 7pm. New members welcome!!

Tioga Welcomes home Zion Free Lutheran Church Associate Pastor, Brent Raan

Twenty years go by quickly. So often, we are excited for the passing of time until we get to the other side. Then after the passage of time, we come back "home" thinking nothing has changed, and we are slapped with the reality that everything has. We are not the same and Tioga is not the same. I left Tioga in 2004 and have not been back for any extended time until the middle of December 2024. What has life been like? Well, it has been a whirlwind for sure. I got married to my beautiful wife, Emily in July 2011. We both had school ahead of us and a looming decision of whether we were going to go overseas as missionaries or stay in the states. Well, our first child was born in Sioux Falls, SD just five months before we flew out to Uganda, Africa for the first time. We were so blessed to be able to be in Uganda for five months, as part of my internship, while preparing to move to India. We as a family went through some of the hardest days of our lives. Many of you may know I accepted Christ in May of 2003 after surviving blood alcohol poisoning and being at risk of dying from hypothermia. The days of preparing to move to India, I was questioning the goodness of God. Many of us have faced great difficulties in our lives these past twenty years. The decision in front of me was either accepting the world's input that there must not be a good God or realize the truth of Scripture, that there is an evil in this world and a very Good God who is making all things new. I came to realize once again that the love of Christ on the cross is more than sufficient to face the trials ahead. We were only able to stay in India for about eight months. We moved back to America, had our second child, and then prepared to fly out again to Uganda. In our, about, seven years in Uganda, we were truly blessed in gaining friends around this world. We were gifted with two more children while living there. I was able to teach and help with organization of a mobile Bible training program that is called Ambassador Institute. Uganda is known as a Christian nation, and yet very little is known about the Word of God. The training that I was able to be a part of, is still going on today, having been able to help churches and individuals better understand the Scriptures and how to actively live it out in their various jobs. We loved being able to serve and live in this beautiful country and are so proud to call so many people there brothers and sisters. We again had to leave a land before we planned and/or wanted to go, but we are happy to be in Tioga and be called to serve alongside of the people of Zion Free Lutheran Church. Again, we find ourselves living in a land that knows a shallow depth of the Bible. We, in America, find ourselves, for the first time as a nation, living in a post-Christian culture. How do we live out our faith in Christ who states, "I am the way, the truth, and the life. No one comes to the Father but through me?" Or when He says, "No one can enter the Kingdom of God unless he is born again." It is also written, "There is no other name under heaven by which we must be saved." Well, the simple answer is, first to turn your lives over to the Savior, who is Jesus Christ. Then, seek Him through His Word. Finally, find a Bible believing church that faithfully preaches the Word, to have fellowship with others and grow in your faith. We would be happy to have you come to Zion where we seek "to show the love of Jesus through what we teach and do."

Thank you for your warm, (even when it is extremely COLD) welcome back to Tioga - Brent Raan

Prayers to the families of:

Delvin Westby: January 15, 1937- February 5, 2025
Berniece M Feiring: September 26, 1936-February 19, 2025
Sheila Renae Lalim: March 23, 1949 - February 22, 2025
Joetta Mae Iverson: December 20, 1943-February 24, 2025

"May there be comfort in knowing that someone so special will never be forgotten."

-Julie Hebert



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